

## **Senior Games / Obstacle Course Information**

**Wednesday, August 21, 2024**

**9:00 am -11:00 pm**

**Fly High, 10 Greg Street, Sparks, NV 89431**

**Sport Fee: \$10**

**Host: Health and Wellness Staff | (775) 334-2262 | [Healthandwellness@reno.gov](mailto:Healthandwellness@reno.gov)**

### **BASICS:**

The Obstacle Course will take place at Fly High. This specific obstacle course is suspended in the air of their facility and surrounded by nets. There will be several different obstacles to get across or around.

Competitors will be broken into Men and Women and then further into age groups. Age groups will be: 50-54, 55-59, 60-64, 65+.

Staff will time participants individually.

Each person will run the course twice. Fastest time will be kept.

Winner will have the fastest time.