## **2024 Senior Games / Bowling Information**

Singles: Wednesday August 21, 2024 /12:00pm - 3pm Mixed Doubles: Thursday, August 22, 2024 /12:00pm - 3pm High Sierra Lanes, 3390 S Virginia St, Reno Sport Fee: \$15.00

Host: Health and Wellness Staff | (775) 334-2262 | Healthandwellness@reno.gov

## **COMPETITIONS:**

- Singles / Men's & Women's total score for three (3) games
- Doubles Mixed total combined highest score for three (3) games

## **BASICS:**

Bowling, sometimes called tenpins, is an indoor game played on a polished wooden or synthetic floor by individuals or teams. Bowling is most popular in the US where more than 80 million people actively participate.

In the US game contestants roll balls, which have two or, commonly, three finger holes for gripping, toward ten 15-in. wooden pins. The pins are arranged in triangular formation, with the headpin 60 ft. from a foul line. The balls, made of a variety of materials, are 8.5-in. in diameter and must not weigh more than 16 lbs. The bowler, who rolls the ball underhand, has a runway at least 15 ft. long from which the ball may be released.

A bowling game is divided into 10 frames: the object of the game is to knock down all of the pins on the first or, if necessary, the second of the 2 rolls allowed in each frame. Each pin that is knocked down counts as 1 point. Knocking down all the pins with the first ball is called a strike and is scored as 10 points plus a bonus determined by the total points gained in the next 2 rolls. If a bowler should continue to roll only strikes throughout the game (a total of 12 attempts, because 2 bonus tries are allowed in the tenth frame), the result would be a rare perfect game of 300. If 2 deliveries are needed to knock down all of the pins in a frame, the outcome is called a spare. A bowler is then awarded points plus a bonus of the score on the next roll. If a spare is made in the final frame, one extra roll is allowed and that is added to the score.

**USBC** - Bowling will be played according to USBC (United States Bowling Conference) rules and standards. Women & men may play as singles <u>and/or</u> on a team. (Teams may be as few as 2) Players of all abilities are encouraged to play, however this is an amateur event with the goal of having fun. The sport hosts will resolve any questions/disputes/tie scores using USBC rules & standards, with assistance of High Sierra Lanes.

**PLAY -** Total of all three games.

Clerk at Bowling Alley will print off all results

Winners will be break down by: Age, Singles, Doubles and Overall Best scores