

Older Americans Month - May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Senior Art Show April 22-June 7 McKinley Arts and Culture Center		1 Annual Info Fair 10 a.m. - 1 p.m. Senior Center - 9th St.	2 Line Dance Class 3 - 4 p.m. EMNECC Art Show Reception 5 - 7 p.m. McKinley Arts and Culture Center	3	4
5	6 Tai Chi 8 - 9 a.m. EMNECC Chair Yoga 10 - 11 a.m. EMNECC	7 Ice Cream Social 11 a.m. - 1 p.m. Teglia's Paradise Park	8 Introduction to Pickleball 9 - 11:30 a.m. Plumas Gym	9 Line Dance Class 3 - 4 p.m. EMNECC	10 Pool Party 1 - 3 p.m. Northwest Pool	11
Cinco de Mayo						
12	13 Water Fitness 10:30 - 11:45 a.m. EMNECC Poetry Workshop 1 - 2 p.m. Senior Center - 9th St.	14 Ice Cream Social 11 a.m. - 1 p.m. Dorothy McAlinden Park Senior Citizen Advisory Committee Meeting 2 p.m. McKinley Arts and Culture Center	15 Art Appreciation Day 10 a.m. - 12 p.m. 1400 Silverada Blvd.	16 Adaptive Cycling Day for Seniors 8 a.m. - 12 p.m. 6800 Pembroke Dr. Downsizing Seminar 1 - 2 p.m. Sierra View Library Line Dance Class 3 - 4 p.m. EMNECC	17	18
Mother's Day						
19	20	21 Ice Cream Social 11 a.m. - 1 p.m. Neil Road Recreation Center Dementia Friendly Seminar 1 - 2 p.m. Neil Road Recreation Center	22	23 Line Dance Class 3 - 4 p.m. EMNECC	24 Stuff-A-Bus 1 - 6 p.m. Target - Sparks	25
26	27	28	29	30 Line Dance Class 3 - 4 p.m. EMNECC	31 Sock Hop 2 - 4 p.m. Senior Center - 9th St.	
	Memorial Day					

Questions? Contact Seniors@Reno.Gov or call (775) 351-4771

