

ANTHEM BLUE CROSS AND BLUE SHIELD HEALTHCARE SOLUTIONS-HEALTHCARE SERVICES INFORMATION

Location	Medical Benefits	Hospitals	Value-Added Benefits	Obstetrical Provider Access	Pharmacy	Urgent Care	Mental Health Services
<p>North</p>	<ul style="list-style-type: none"> Unlimited visits to a primary care doctor you choose Specialist care Wellness care and Healthy Kids (EPSDT) services, including childhood immunizations Urgent and emergent medical care with emergency transportation Inpatient and outpatient hospital services Family planning and midwives Circumcision Labs and X-rays 24/7 NurseLine to answer your medical questions and concerns day or night. Available in English and Spanish. LiveHealth Online — “visit” a doctor via online video any time of day or night. Available in English and Spanish. FREE yearly eye exam and medically necessary contacts or glasses Diabetic care, education, and podiatry services Physical, occupational, and speech therapy Home healthcare Durable medical equipment services and devices Chronic disease case management and education Peak flow meters for asthma Weight-loss surgery Holistic stop-smoking program CareMore Care Centers — Personalized care from a team of doctors and providers for members with complex, chronic needs. Transgender healthcare services Medical Nutrition Therapy to address nutrition related issues when medically necessary. 	<ul style="list-style-type: none"> Carson Valley Medical Center Carson Tahoe Regional Medical Center Northern Nevada Medical Center Northern Nevada Sierra Medical Center Renown Medical Center Renown South Meadows Medical Center St. Mary’s Regional Medical Center 	<p>FREE EXTRA BENEFITS</p> <ul style="list-style-type: none"> FREE Costco Gold Card membership \$100 for day care for kids 5–11 FREE Boys & Girls Club memberships for ages 5–14 \$100 extra vision benefit for glasses FREE sports physicals for ages 6–18 FREE online fitness program for ages 17+ FREE WW® (formerly called Weight Watchers®) membership for ages 17+ \$100 gym membership for eligible members ages 18+ \$100 for nonmedication pain management FREE cellphone with FREE monthly minutes, data, & text messages FREE virtual tutorial services for ages 8–17 FREE GED/HiSET (High School Equivalency Test) testing FREE industry certification assistance for ages 18+ \$50 for college application fees for 17+ FREE life transition kit with first aid supplies, dental hygiene supplies, Subway gift card, and an emergency blanket for eligible members FREE fresh fruits & vegetables home delivery for eligible members FREE grooming kit or gift card for foster care under age 26 FREE meditation app for ages 18 and under FREE Emotional Well-Being resource for ages 13+ FREE Community Resource Link to find help online for local community-based programs, benefits, & services FREE dental hygiene kits Transitional care assistance from hospital to home <p>FREE EXTRAS FOR PREGNANT MOMS & BABIES</p> <ul style="list-style-type: none"> FREE electronic breast pump FREE home-delivered meals after delivery or hospital discharge 2 FREE items in Baby Essentials Bundle Package: Breastfeeding pillow Baby car seat Infant/preemie car seat Portable crib Highchair Breastfeeding kit Safe sleep kit Diapers Microwave sterilizer Microwave steam bags Video baby monitor Baby-proofing items 1-month bus pass, or \$50 Uber card or a \$50 gas card \$35 Barnes & Noble gift card FREE home-delivered meals for members with gestational diabetes <p>EARN MONEY FOR COMPLETING CHECKUPS</p> <ul style="list-style-type: none"> \$100 for childhood wellness visit 	<p>Large network of obstetricians (OB) to choose from. Members in their third trimester can keep getting care from their current OBs even if the OB is not in our plan.</p> <p>FREE SERVICES FOR PREGNANT MOMS</p> <ul style="list-style-type: none"> Nurse case managers offer emotional support, education, and other services New Baby, New LifeSM health education and rewards program to help you have a healthy pregnancy with up to \$75 in rewards for doctor visits Baby & Me — Tobacco FREE Program: \$25 vouchers to buy diapers and wipes for members who successfully remain tobacco-free FREE electronic breast pump FREE home-delivered meals after delivery or hospital discharge 2 items in Baby Essentials Bundle Package: Breastfeeding pillow Baby car seat Infant/preemie car seat Portable crib Highchair Breastfeeding kit Safe sleep kit Diapers Microwave sterilizer Microwave steam bags Video baby monitor Baby-proofing items 1-month bus pass, or \$50 Uber card or a \$50 gas card \$35 Barnes & Noble gift card FREE home-delivered meals for members with gestational diabetes 	<p>Prescription and over-the-counter medicines (when prescribed by your doctor). Choose from pharmacies, like:</p> <ul style="list-style-type: none"> Walmart Sam’s Club Smith’s Food & Drug Center CVS And more <p>Or use IngenioRx mail-order pharmacy.</p>	<p>Unlimited access to urgent care at these locations:</p> <p>Urgent Care at Home:</p> <ul style="list-style-type: none"> Dispatch Health at Home 775-442-5872 <p>Urgent Care Centers:</p> <ul style="list-style-type: none"> Carbon Health Alpha Medical Group of Florida 5067 S. McCarran Blvd. 775-298-5379 Carson Tahoe Dayton Urgent Care 9001 Medical Center Dr., #101 775-445-7330 Carson Tahoe Health Urgent Care 1201 S. Carson St. 775-445-7210 Carson Valley Medical Center Urgent Care 897 Ironwood Dr. 775-782-1610 Northern Nevada Urgent Care 5575 Kietzke Ln. 775-502-1400 5265 Vista Blvd., Bldg. B 775-355-5010 Renown Health Urgent Care 775-982-5000 All locations St Mary’s Urgent Care 6255 Sharlands Ave. 775-770-7580 5070 Ion Dr., #100 775-770-7727 18653 Wedge Pkwy., #300 775-770-7210 280 Vista Knoll Pkwy., #106 775-734-0246T The Clinic at Walmart 775-445-7220 3200 Market St. 3770 US Hwy 395 S 1511 Grant Ave. 	<ul style="list-style-type: none"> Inpatient and outpatient behavioral health services Inpatient psychiatric services Inpatient and outpatient alcohol/substance abuse treatment services Inpatient alcohol/substance abuse detoxification program 24-hour mobile crisis team Partial Hospitalization Program (PHP) Intensive Outpatient Program (IOP) Psychosocial Rehabilitation (PSR) Basic Skills Training (BST) Individual, family, and group therapy In-person and telephonic case management Identification support 24/7 Psychiatric Urgent Facility (referral needed) Peer-supported mental health and substance abuse programs Mental health services for patients over 21 with autism CHES Health – App based support for members diagnosed with SUD Pyx Health - App based support for members diagnosed with mental health conditions, focused to support with Loneliness

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			<ul style="list-style-type: none"> • \$25 for first prenatal care visit • \$50 for postpartum care visit • \$80 for well-child visits in first 30 months • \$100 for first dose of COVID-19 vaccine • \$25 for flu shot • \$25 for combo-10 childhood immunizations • \$50 for breast cancer screening • \$50 for cervical cancer screening • \$25 for diabetic retinal eye exam • \$25 for diabetic A1c control <8 • \$40 for asthma medication refills • \$40 for high blood pressure medication refills, • \$10 for new-member health needs screener • \$5 for vaccine quiz • \$50 for human papillomavirus (HPV) vaccination • \$25 for diabetes screening and antipsychotic medication management for those with both diabetes & schizophrenia or bipolar disorder • \$25 for 7-day follow-up after behavioral health emergency visit • \$25 for 30-day follow-up after behavioral health discharge • \$5 for diabetes quiz • \$5 for diabetes nutrition quiz <p><u>FREE EXTRAS TO HELP YOU TAKE THE NEXT STEP</u></p> <ul style="list-style-type: none"> • \$300 for internet* • Access to shelter beds & housing* • ID replacement help & cost coverage* • FREE laptop* 				
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*For eligible member transitioning out of incarceration.

ANTHEM BLUE CROSS AND BLUE SHIELD HEALTHCARE SOLUTIONS-HEALTHCARE SERVICES INFORMATION

Location	Medical Benefits	Hospitals	Value-Added Benefits	Obstetrical Provider Access	Pharmacy	Urgent Care	Mental Health
South	<ul style="list-style-type: none"> Unlimited visits to a primary care doctor you choose Specialist care Wellness care and Healthy Kids (EPSDT) services including childhood immunizations Urgent and emergent medical care with emergency transportation Inpatient and outpatient hospital services Family planning and midwives Circumcision Labs and X-rays -24/7 NurseLine to answer your medical questions and concerns day or night. Available in English and Spanish. LiveHealth Online — “visit” a doctor via online video any time of day or night. Available in English and Spanish. FREE yearly eye exam and medically necessary contacts or glasses Diabetic care, education, and podiatry services Physical, occupational, and speech therapy Home healthcare Durable medical equipment services and devices Chronic disease case management and education Peak flow meters for asthma Weight-loss surgery Holistic stop-smoking program CareMore Care Centers — Personalized care from a team of doctors and providers for members with complex, chronic needs. Transgender healthcare services Medical Nutrition Therapy to address nutrition related issues when medically necessary. 	<ul style="list-style-type: none"> Boulder City Hospital Centennial Hills Hospital Medical Center Desert Springs Hospital Medical Center Henderson Hospital Mesa View Regional Hospital Mountainview Hospital North Vista Hospital Southern Hills Hospital and Medical Center Spring Valley Hospital Medical Center Summerlin Hospital Medical Center Sunrise Hospital and Medical Center Center Sunrise Children’s Hospital University Medical Center Valley Health Specialty Hospital Valley Hospital Medical Center 	<p><u>FREE EXTRA BENEFITS</u></p> <ul style="list-style-type: none"> FREE Costco Gold Card membership \$100 for day care for kids 5–11 FREE Boys & Girls Club memberships for ages 5–14 \$100 extra vision benefit for glasses FREE sports physicals for ages 6–18 FREE online fitness program for ages 17+ FREE WW® (formerly called Weight Watchers®) membership for ages 17+ \$100 gym membership for eligible members ages 18+ \$100 for nonmedication pain management FREE cellphone with FREE monthly minutes, data, & text messages FREE virtual tutorial services for ages 8–17 FREE GED/HiSET (High School Equivalency Test) testing FREE industry certification assistance for ages 18+ \$50 for college application fees for ages 17+ FREE life transition kit with first aid supplies, dental hygiene supplies, Subway gift card, and an emergency blanket for eligible members FREE fresh fruits & vegetables home delivery for eligible members FREE grooming kit or gift card for foster care under age 26 FREE meditation app for ages 18 and under FREE Emotional Well-Being resource for ages 13+ FREE Community Resource Link to find help online for local community-based programs, benefits, & services FREE dental hygiene kits Transitional care assistance from hospital to home <p><u>FREE EXTRAS FOR PREGNANT MOMS & BABIES</u></p> <ul style="list-style-type: none"> FREE electronic breast pump FREE home-delivered meals after delivery or hospital discharge 2 FREE items in Baby Essentials Bundle Package: Breastfeeding pillow Baby car seat Infant/preemie car seat Portable crib Highchair Breastfeeding kit Safe sleep kit Diapers Microwave sterilizer Microwave steam bags Video baby monitor Baby-proofing items 1-month bus pass, or \$50 Uber card or a \$50 gas card \$35 Barnes & Noble gift card FREE home-delivered meals for members with gestational diabetes 	<p>Large network of obstetricians (OB) to choose from. Members in their third trimester can keep getting care from their current OBs even if the OB is not in our plan.</p> <p><u>FREE SERVICES FOR PREGNANT MOMS</u></p> <ul style="list-style-type: none"> Nurse case managers offer emotional support, education, and other services New Baby, New LifeSM health education and rewards program to help you have a healthy pregnancy with up to \$75 in rewards for doctor visits Baby & Me — Tobacco FREE Program: \$25 vouchers to buy diapers and wipes for members who successfully remain tobacco-free FREE electronic breast pump FREE home-delivered meals after delivery or hospital discharge 2 items in Baby Essentials Bundle Package: Breastfeeding pillow Baby car seat Infant/preemie car seat Portable crib Highchair Breastfeeding kit Safe sleep kit Diapers Microwave sterilizer Microwave steam bags Video baby monitor Baby-proofing items 1-month bus pass, or \$50 Uber card or a \$50 gas card \$35 Barnes & Noble gift card FREE home-delivered meals for members with gestational diabetes 	<p>Prescription and over-the-counter medicines (when prescribed by your doctor). Choose from pharmacies, like:</p> <ul style="list-style-type: none"> Walmart/Sam’s Club Smith’s Food & Drug Center CVS And more <p>Or use IngenioRx mail-order pharmacy.</p>	<p>Unlimited access to urgent care at these locations:</p> <p>Urgent Care at Home:</p> <ul style="list-style-type: none"> Dispatch Health at Home 775-442-5872 Dispatchhealth.com Doctoroo 702-848-4443 Doctoroo.com Ready Responders 702-744-4000 Getready.com <p>Urgent Care Centers:</p> <ul style="list-style-type: none"> 1st Choice Urgent and Primary Care 5625 Losee Rd. 702-766-5030 Carefirst Urgent Care 4360 Blue Diamond Rd., #103 702-407-0524 5216 Boulder Hwy., #105 702-547-6764 CareNow Urgent Care All locations Urgentcarehere.com 1 24/7 location -Children’s Urgent Care & Pediatric Clinic 1600 W. Sunset Rd., #A 702-898-6400 3424 N. Buffalo Dr., #100 702-233-0174 Empowered Pain Primary & Urgent Care Center of NV 6465 W. Sahara Ave., #103 702-822-1881 	<ul style="list-style-type: none"> Inpatient and outpatient behavioral health services Inpatient psychiatric services Inpatient and outpatient alcohol/substance abuse treatment services Inpatient alcohol/substance abuse detoxification program 24-hour mobile crisis team Partial Hospitalization Program (PHP) Intensive Outpatient Program (IOP) Psychosocial Rehabilitation (PSR) Basic Skills Training (BST) Individual, family, and group therapy In-person and telephonic case management Identification support 24/7 Psychiatric Urgent Facility (referral needed) Peer-supported mental health and substance abuse program Mental health services for patients over 21 with autism CHES Health – App based support for members diagnosed with SUD Pyx Health - App based support for members diagnosed with mental health conditions, focused to support with Loneliness

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<p>South continued</p>			<p><u>EARN MONEY FOR COMPLETING CHECKUPS</u></p> <ul style="list-style-type: none"> • \$100 for childhood wellness visit • \$25 for first prenatal care visit • \$50 for postpartum care visit • \$80 for well-child visits in first 30 months • \$100 for first dose of COVID-19 vaccine • \$25 for flu shot • \$25 for combo-10 childhood immunizations • \$50 for breast cancer screening • \$50 for cervical cancer screening • \$25 for diabetic retinal eye exam • \$25 for diabetic A1c control <8 • \$40 for asthma medication refills • \$40 for high blood pressure medication refills, • \$10 for new-member health needs screener • \$5 for vaccine quiz • \$50 for human papillomavirus (HPV) vaccination • \$25 for diabetes screening and antipsychotic medication management for those with both diabetes & schizophrenia or bipolar disorder • \$25 for 7-day follow-up after behavioral health emergency visit • \$25 for 30-day follow-up after behavioral health discharge • \$5 for diabetes quiz • \$5 for diabetes nutrition quiz <p><u>FREE EXTRAS TO HELP YOU TAKE THE NEXT STEP</u></p> <ul style="list-style-type: none"> • \$300 for internet* • Access to shelter beds & housing* • ID replacement help & cost coverage* • FREE laptop* <p>*For eligible member transitioning out of incarceration.</p>			<ul style="list-style-type: none"> • Health Xpress Medical Center 5185 S. Durango Dr., #1 702-463-1400 11201 S. Eastern Ave., #110 702-992-3688 • Intermountain Healthcare All locations hcpnv.com/urgent-care/ 1 24/7 location • Over the Rainbow Pediatric Urgent Care 10170 S. Eastern Ave., #160 702-550-2273 • Parkway Urgent Care 100 N. Green Valley Pkwy., #110 702-436-7700 • Premier Urgent Care 4550 E. Charleston Blvd. 702-623-8810 • ProCare Medical Center All locations procaremedicalcenter.com • Sahara West Urgent Care and Wellness 6125 W. Sahara Ave. 702-248-0554 • Tahoe Carson Valley Medical Group 155 Hwy 50 775-589-8900 • UMC Quick Care All locations umcsn.com 	